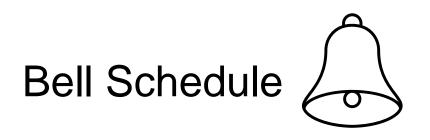


Tuesday April 18, 2023

## Heritage Woods Secondary

"WE ARE KODIAKS"





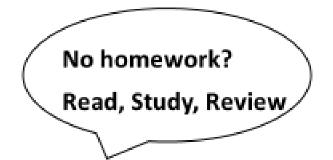
Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:59
Block 3	11:03 – 12:15
LUNCH	12:15 – 12:55
Block 4	12:59 – 2:11
Block 5	2:15 – 3:27

# FLEXpectations

FLEX is instructional time, not a break!



- Attend one of the classes in your current schedule
- Library (limited space for QUIET work)
  - \* <u>NOT</u> a space for groups to hang out
- Grade 12s ONLY in the Grand Hall

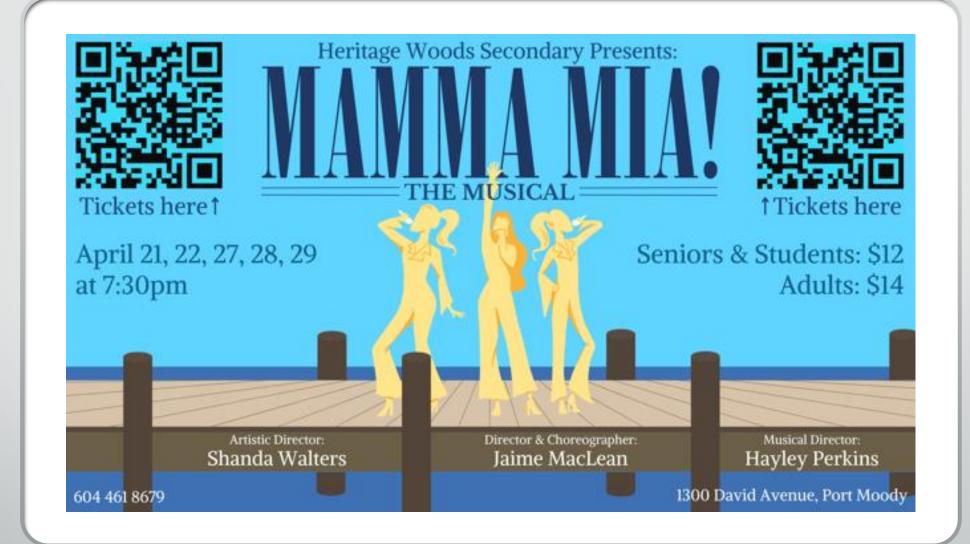




## Fragrance Free

Reminder to all that SD43 is Scent Aware, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of fragranced products, and to replace them with unscented alternatives.



Exp. May 01, 2023

### CLC 11 Students First Class w/teacher CLC – First class - FLEX

Ms. Nunn Tues., April 18 and Thurs., April 20, room 109 Ms. Wood Weds., April 26 room 202 Mrs. Fester Weds., April 26 room 102 Mrs. Gay Weds., April 26 room 103

More dates to come!!!

Check your TEAMS/Email

WORTH MARKS!!!!



Could the following students please come to the office to see Ms. Hall

- <u>Jeffrine D. Capstone</u> •  $\bullet$
- $\bullet$
- Aden C. Capstone  $\bullet$
- Nylah F. Capstone  $\bullet$

- Noah R. Vending
- Jacob B. Capstone Jaime M. Capstone
  - Zachary G. Capstone •

# HWSS ECO WEEK CHALLENGE

April 17th - 20th

Fight for climate change and help save the environment by participating in different activity each day of the week.

## HWSS ECO WEEK

DAY 1 LIGHTS OFF!!

### Monday, April 17th

Help our environment by reducing the amount of electricity we use by turning off your classroom lights all day!

## HWSS ECO WEEK DAY 2

Tuesday April 18th

Reduce Natural Gas (Heat will be turned down\* so wear your sweaters and hoodies)

## HWSS Eco Week Day 3 Wasteless Wednesday Wednesday April 19th

Make sure to bring a lunch filled with wasteless products such as sandwiches, wraps, bagels and more in your reusable containers

# HWSS Eco Week

Day 4 Join The Pledge on Thursday April 20th

Join the pledge and help fight against climate change!

### Popularity Casting Call & Film Crew

#### Short film summary:

Popularity is about a girl named Sam struggling with her identity through high school, trying to change herself to fit in. Makeup plays a big role in this film as she uses it to fit in with a popular girl but ends up changing herself in the process. Her friends trying to understand what's going on try to help her. The only words spoken is, "Sam" everything else is shown through emotion, this is to show her identity crisis as your name is a representation of your identity and having people saying it to you and you saying it while you don't know who you are is hard.

#### **Characters:**

**Sam:** Sam is the type of person who knows what she wants but is hesitant to say or speak her mind, she is always listening to others but never having others listen to her. She cares very deeply for her friends but uses them as her comfort zone keeping her from growing. She is smart and funny, but depression is weighing her down.

**Popular girl:** the popular girl is immature and toxic and creates a space where she needs others to feel bad for her to feel better about herself. She is funny and lovable but only if you are her friend.

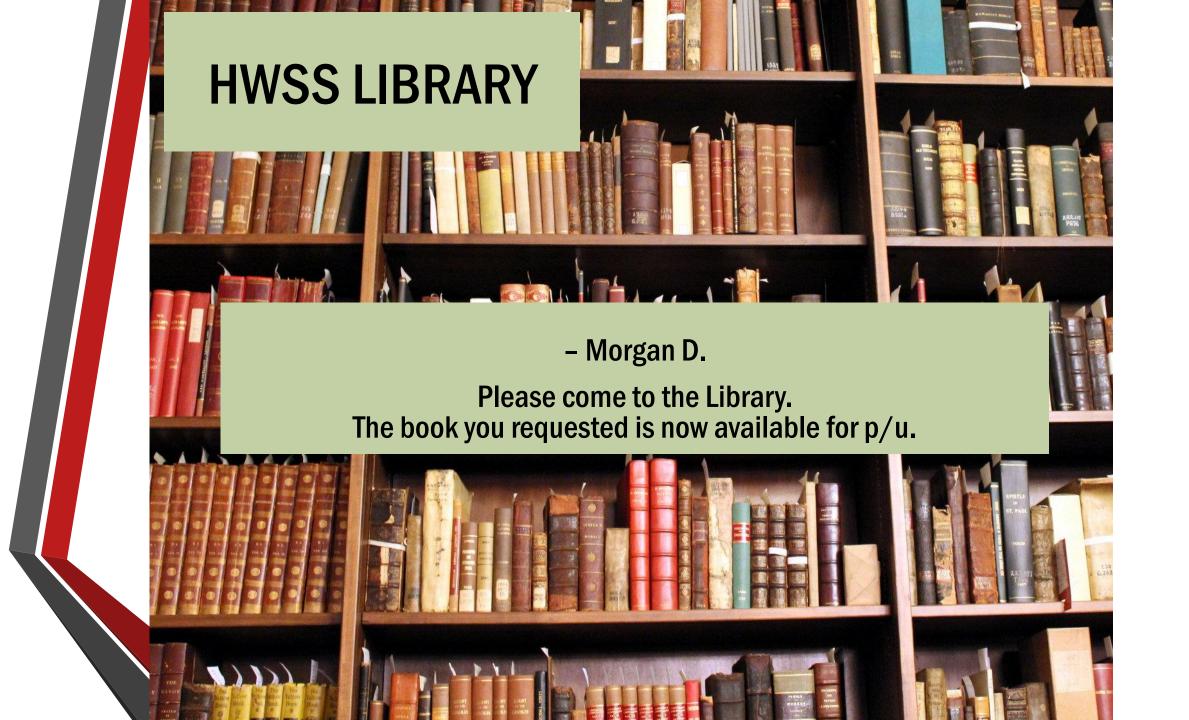
**3 friends:** The friends are always there for advice and a helping hand, they genuinely care for Sam. They are all loyal and trustworthy people who will drop anything to help a friend.

Film crew: I will need 2 people to film with editing experience.

Casting will start at the beginning of May.

The film will take 1-2 weeks; if interested email me and I will send you the script and shot list.

Director and writer Hannah de Carvalho: dhannah196@yahoo.com



## TEEN MENTORING

Have fun & advance your leadership skills. Build your resume & earn volunteer hours. It's only 1-hour a week!



#### Be a mentor today!

Scan here to learn more & apply. luke.coad@bigbrothersbigsisters.ca 604-219-0408 bigbrothersvancouver.com

Make an impact through building friendships. Our Teen Mentors hangout with their Little Buddies, grades 1-7, at a nearby elementary school.



# CAREER CENTER







## UNIVERSITY OF TORONTO

### **PROSPECTIVE STUDENT INFORMATION SESSION**



MISSISSAUGA







### Saturday, April 22 10:00 - 11:30 am

The Westin Bayshore

Discover the advantages of studying at Canada's #1 university, and learn about programs, student life, residence, and admission requirements.

Scan the QR code to register for this information session!



### We look forward to meeting you!



### Are you thinking about Western for university?

A 2022 HWSS grad has offered to connect with grade 12 students who are considering Western for their university next year.

If you might be interested in learning a bit more about Western to help you decide, please see Ms. Butler. PCT K&S Potash scholarships application deadline has been extended



- New deadline is April 19, 2023
- Find the application on HWSS website:
- <u>https://www.sd43.bc.ca/school/heritagewoods/Pr</u> ogramsServices/career/Pages/FinancialAid.aspx?
  <u>login=-1699007420#/=</u>